

WORTH
FPFX
fastpitch experts

what's your expertise?

**Worth Fastpitch Expert Clinic Featuring
3-Time Olympic Gold Medalist Leah O'Brien Amico**

Come train with the best that Worth Fastpitch has to offer.

Additional Instructors:

Kelly Ford: Mt. SAC Head Softball Coach, 9 years Div I coaching experience, National Softball Clinician

Ruby Rojas: Mt. SAC Assistant Coach, Venezuelan Olympic athlete, professional Softball player
and Current Mt. SAC Players



When: Saturday October 15, 2011

Time: 9am-1pm

Location: Mt. SAC Softball Stadium

1100 N. Grand Ave., Walnut, CA 91789

Ages: All ages are welcome. Athletes will be split
up by age and skill level

Price: \$50 by Oct. 12th

\$60 at the door

*make check to: Mt. SAC Softball

Attn. Kelly Ford, Head Softball Coach

[send above address]

Skills To Be Covered:

- Base running
- Sliding
- Infield defensive play
- Outfield defensive play
- Slapping power
- Power hitting
- Catching
- Pitching
- Mental training